

## Residential Treatment Program



Our six bed therapeutic community approach means participants have the benefits of peer interaction and support as well as individualized support from staff. Our staffing ratio is 4:1, 24 hours a day, and the community created by participants and staff together drives the learning.

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Because our treatment community is small, staff are able to provide individualized support to the parents and families of our participants. This makes a world of difference in understanding and supporting your child as he heals.

Some people may see our downtown Kitchener location as a disadvantage... too close to temptation. Our participants have taught us this assumption is wrong. While a geographical change may be needed by some youth to break certain patterns, most of what drives addiction lives in the heart and mind and a big geographical change is not the cure.

Our location then provides participants with regular opportunities to use their new skills and perspective outside the treatment bubble. Participants get a more realistic assessment of their needs and realities post-discharge, which helps with discharge planning by participants and their families, and creates easier integration with community supports.

#### Distances:

Barrie: 2 hours

Downtown Toronto: 90 min

Hamilton: 60 min

South Cambridge/North Waterloo: 30 min

London: 75 min

Sarnia: 2.5 hrs

Windsor: 3 hrs



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