



Ray of Hope Youth Addiction Services proudly offers NeurOptimal® Neurofeedback Advanced Brain Training.

NeurOptimal® Neurofeedback, a sophisticated Brain Training tool designed to help optimize your life, was developed by Clinical Psychologists Valdeane & Susan Brown. It has evolved over the last 30 years from two individuals offering Training Sessions in their private office to literally 4+ million sessions logged and thousands of people using it on a regular basis.

This trailblazing approach to neurofeedback brain training is effortless. After applying 3 clips and 2 small sensors, you simply relax in a recliner, watch the custom visualizer and listen to captivating music. NeurOptimal® does the rest. NeurOptimal®'s Dynamical Neurofeedback® technology measures brain behavior from .01 hertz to 64 hertz, collecting and analyzing data 256X per second or, 500,000+ times in a single Session. This sophisticated process is exclusive to NeurOptimal®, Dynamical Neurofeedback®.

Anyone with a brain can benefit from NeurOptimal brain training. It is a great tool to have as part of a wellness program as it is designed to promote a flexible-and-resilient mindset. No matter where your lifestyle takes you—from athletes to executives to students, performers, or artists, no matter the age—an optimal mindset helps you to be your best.

For more information about this service, our fees, or to book an appointment please contact: (519)743-2311 Ex. 510.

--

Appointment availability is subject to the Region of Waterloo being at Orange or better in the provincial COVID response framework.